

Reducing Diabetes in South Asian Populations

The goal of this project is to:

- Identify key elements of diabetes and how it develops
- Identify reasons why it is prevalent in South Asian populations
- Propose a plan to reduce diabetes in South Asian populations

With your group, complete the background research and begin formulating your plan. You can deliver your final project in any way you choose, including a video, a written paper, a poster, and so on.

Step 1: Background research

Diabetes	Notes
Physiology of diabetes	
Causes of diabetes	
Symptoms of diabetes	

1. Why are South Asians susceptible to diabetes? Is this true for all South Asians? Consider different South Asian countries, such as Afghanistan, Bangladesh, Pakistan in addition to looking at British Columbia and Canada.

2. What can people do to decrease their likelihood of developing diabetes?

Step 2: Plan of action

Your final project should address:

- What change(s) you are recommending
- How these changes can be implemented
- How these changes can be most effective
- How this information can be delivered to a large group of people
- Socio-cultural factors that impact your plan

Additionally, you should have a minimum of three scientific sources that support your plan.