



Grades K to 3 | PHE and Social Studies

Activity Plan: Games We Play



**SOUTH ASIAN CANADIAN
LEGACY PROJECT**



**SOUTH ASIAN
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www.saffronthreads.ca

Activity Plan: Games We Play

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Overview

Big question

What games do kids around the world play?

Activity description

Students will research games played in other cultures/countries and share what they learn with the class.

Grades and curricular area(s)

- Kindergarten to Grade 3
- Physical and Health Education (PHE) and Social Studies

Big ideas

	Physical and Health Education	Social Studies
Kindergarten	Daily participation in physical activity at moderate to vigorous intensity levels benefits all aspects of our well-being.	People from diverse cultures and societies share some common experiences and aspects of life.
Grade 1		
Grade 2		
Grade 3		

Curricular competencies

	Physical and Health Education	Social Studies
Kindergarten	Describe factors that influence mental well-being and self-identity	Use Social Studies inquiry processes and skills to ask questions; gather, interpret, and analyze ideas; and communicate findings and decisions
Grade 1		
Grade 2		
Grade 3		

Materials/Resources

Supplies

- Student journals
- Chart paper and markers
- Marbles

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- Tape

Videos and Articles: South Asian children’s games (K-3)

- [Indian Games – Kanche \(Golli marbles\)](#) (1:08)
- [Indian Traditional Games: Lakhoti](#) (Also known as Golli Marbles)
- [Indian Games – Kokla Chappakki](#) (2:09; Duck Duck Goose)
- [Kokla Chappakkli and other traditional South Asian games](#)

Videos: South Asian children’s games (Grade 3)

- [How to Play Kabaddi](#) (3:47)
- [Learn to Play Cricket with Kids in the Park Cricket – Thunder Kids](#) (3:35)

Books

Title	Author	Notes
A Morning with Grandpa	Sylvia Liu	
Finding Om	Rashmi Bismark	Optional read-aloud video
Go, Grandma, Go!	Lynn Plourde	
Grandmother School	Rina Singh	
Grandpa’s Girls	Nicola Campbell	
When I Was Young in Nunavut	Deborah Kigjugalik	

Other resources

- [Calming Sitar Music | My Moonlight](#) (29:12)
- [How to Play Marbles](#) (3:20)
- [Let’s Make a Kite! | Science Project for Kids](#) (4:29; Grade 3)

Templates

- [Rules of My Game](#)

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Kick Off and Connect

Step 1

Class discussion:

- What makes a good game?
- What games do you like to play?
- How did you learn to play those games?
- Do you think kids everywhere play the same games?
- Do you think your parents/grandparents/ancestors played the same games as you do?

Step 2

Read one of the books suggested in [Materials/Resources](#) or another book with a similar message.

Step 3

Discuss (as a class), using the following questions, and capture answers on the board or on chart paper.

- What did the child in the book learn from their grandparent?
- What have you learned from your parents/grandparents/caregivers? (Examples: how to make roti, how to jump rope, how to play checkers)

Step 4

As in these stories, games and traditions are often passed down through generations.

Explore and Engage

Step 1

Show students [the video of children playing Kanche](#) (Kanche is also referred to as golli, goti, lakhoti, bahntay – or marbles in English).

Show on a map and discuss where this game is played. Ask students:

- Are you familiar with this game?
- Does it look fun?
- Where can you play this game (inside or outside)?

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Show students [how to play marbles](#) on pavement. If you would like to play it in the classroom, you can set up the game using masking tape instead of chalk.

Step 2

Ask students to learn a new game to share with the class. Students can:

- Work with a big buddy from another grade
- Explore picture books with new games
- Have a parent/caregiver help with research
- Find a game that has different names or rules in different countries (such as hopscotch)

Step 3

Have students describe their game in the [“Rules of My Game”](#) template.

Wrap-Up and Assess

Step 1

Have students share their learned game with their classmates by:

- Leading the class in playing the game
- Creating and showing a drawing of people playing the game, and explaining what’s happening
- Demonstrating how to play the game with one or more players to explain how it works
- Showing special equipment used in the game (e.g., cricket bat, field hockey stick)
- Sharing a book that talks about the game

Step 2

Class discussion:

- What do you wonder about this game?
- Is this like a game you already know? How is it the same? How is it different?
- Who do you think invented this game?

How does this game reflect the culture of the country it came from?

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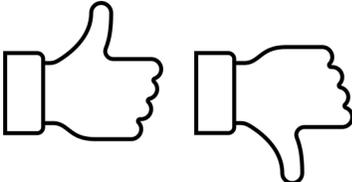
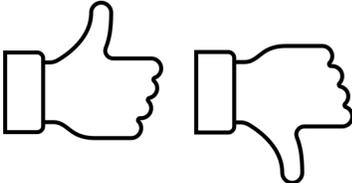
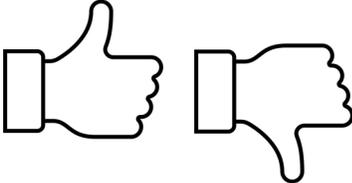
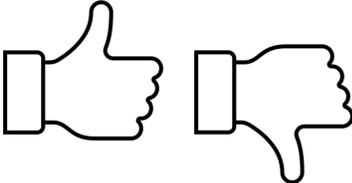
Assessment

Have students assess themselves or work with you to assess using a rubric. You may choose to co-create this rubric with students at the beginning of the activity and discuss what they should be focusing on.

Sample single point rubric

I could improve...	Criteria	I am succeeding at...
	Listening to classmates talk about their games	
	Being respectful while playing games	
	Participating in discussion	
	Generating questions about my chosen game	

Sample reflection rubric

 I listened to classmates talk about their games	
 I was respectful while playing games	
 I participated in discussion	
 I generated questions about my chosen game	

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Extend and Transform

- With students, explore other games from around the world. For example:
 - [Ten Popular Kids' Games from Around the World](#)
- Teach students a traditional game to include in PHE activities or to use as a 'brain break' in class.
- Invite family members or caregivers to lead the class in playing their childhood game(s).

Rules of My Game

Student's name:

Name of game:

Game's origin:

Equipment:

Number of players:

Object of the game (What do you have to do? How do you play?):

Where can it be played?

Rules:

Would you like to play this game with the class? (circle one)

Yes No